

OUR TIP  
Visit the  
Nature Park  
House!

# ÖTZTAL Sunrise & Mountain Breakfast

Photos: ©Ötztal Tourismus-Isidor Nösig (top); Anton Brey (small photo top); Alexander Lohmann (small photo centre, below)

## Every Sunday (23 June - 6 October 2024)

rt: The regional mountain breakfast we have in our backpacks! Having recharged, we start into a wonderful day. Across alpine meadows and cirques, we hike to the scenically charming Schwarzsee lake. Deposits at the bottom of the lake allow us to draw conclusions about the climate in the past 10,000 years. Here at the lake our next goal, the cross at the Schwarzkogel summit, is already smiling down at us. Together we climb the 3,000m-peak. Afterwards we hike leisurely towards the glacier. A hike worth remembering.



<b>CATEGORY</b>	intermediate hike (time: 4 hrs., elev. gain 470m/loss: 400m)
<b>START/ ROUTE</b>	Rotkogeljochhütte shuttle - Schwarzsee - Schwarzkogel - Rettenbach glacier - bus to Sölden
<b>MEET HERE</b>	June+July 5:30 a.m./ August 5:45 a.m./ Sept. 6:00 a.m. Ötztal Tourismus - Sölden information office  Sölden - Postamt;  Sölden - Postplatz
<b>EQUIPMENT</b>	ankle-high mountain boots, rain gear, provisions
<b>RETURN</b>	approx. 12:30 p.m. (depending on the start time)
<b>REST STOP</b>	Rettenbach Market
<b>COST</b>	€20.00 per person; <u>free</u> for guests of NATURE PARK ÖTZTAL partner businesses and with the Summer Card
<b>EXTRA COST</b>	€35.00 per person (Rotkogeljochhütte shuttle, regional packed breakfast) + bus glacier - Sölden (acc. to current tariffs); <u>free</u> with the Summer Card
<b>REGISTRATION</b>	<a href="http://www.oetztal.com/experiences">www.oetztal.com/experiences</a> guests of nature park partner businesses: book at the reception of your accommodation registration deadline: <b>evening before (5:00 p.m.)</b>



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# Sunrise & Mountain Breakfast



Höhenmeter bergauf  
470 m



Höchster Punkt  
3000 m



Streckenlänge  
6 km



Gehzeit / Gesamt  
4:00 h

