BOOK DIRECTLY

All snowshoe hiking tours, lectures and events can be easily booked online via QR code! Guests of Nature Park partner businesses are asked to book directly at the reception of their accommodation!



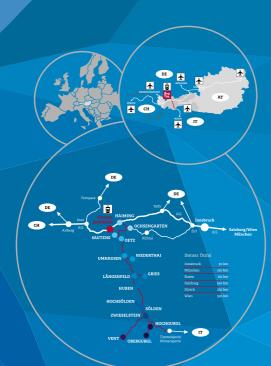
OTZTAL NATURE PARK

Natur Park House Oberlängenfeld 142 A-6444 Längenfeld Phone +43 (0)5253 20201 office@naturpark-oetztal.at www.naturpark-oetztal.at



Ötztal Tourismus

Achweg 6 A-6450 Sölden Phone +43 (0)57200 0 info@oetztal.com www.oetztal.com



ÖTZTAL NATURE PARK SHORT PROFILE



The ÖTZTAL NATURE PARK comprises different environmentally protected areas in the Ötztal. The protected area stretches from the valley floor up to high Alpine glacier regions. Its highest point is Wildspitze peak at 3.768 m above sea level. The mountain villages of Vent (cradle of the Alpine Association) and Obergurgl (Tirol's highest parish), as well as Niederthai/Umhausen and Gries/Längenfeld are located right at the heart of the ÖTZTAL NATURE PARK – making a perfect base for mountain exploration.

The ÖTZTAL NATURE PARK is home to a number of particularly natural areas: The Ötztal Alps and Stubai Alps quiet areas fascinate with their high alpine natural landscape with extensive glacier areas. The natural forest reserves in the Windachtal valley near Sölden feature typical Swiss stone pine stands. The steep Engelswand near Umhausen boasts perfectly adapted vertical flora and fauna and has been recognised as a European Natura 2000 protected area and Tyrolean nature reserve. The nearby protected landscape of Rauher Bichl is a natural island and geological feature in the middle of the intensively used cultivated landscape. The Achstürze-Piburger See nature reserve impresses with its incomparable lake ambience and rustic rockfall landscape. The Tschirgant landslide nature reserve at the entrance to the Ötztal valley is home to special dry and warmth-loving species and habitats.

The 5 main aims of the ÖTZTAL NATURE PARK are to protect nature, preserve unspoilt landscapes, increase recreational values and promote scientific and cultural research in the region. Both the ÖTZTAL NATURE PARK association and administration office can be found in Längenfeld.





GOOD TO KNOW AND COSTS



- Booking required for snowshoe hikes and lectures!
- Booking deadline is 5:00 p.m. the day before. Except moonlight tour same day 2:00 p.m.
- Snowshoe hikes: € 15.00/pers (€ 10.00/pers moonlight tour) excl. additional costs, unless otherwise stated
- Lectures: € 10.00/adults, € 5.00/children (7-14 years)
- Guests of Nature Park partner businesses FREE OF CHARGE (excl. additional costs)
- Guests of NP partner businesses book directly at the reception of your accommodation
- "Snowshoe Experience Niederthai" and "WinterExpedition Niederthai" for guests of Nature Park partner businesses and Niederthai Winter Card businesses FREE OF CHARGE (excl. additional costs)
- Number of participants: Hikes: min. 1 max. 15, unless otherwise stated
- Participation at your own risk
- Winter hiking equipment required: ski poles, ankle-high shoes (no moon boots), warm clothing, drink, small provisions
- The organiser reserves the right to change or postpone the programme at short notice (e.g. due to bad weather)
- Disclaimer: All information has been carefully researched, but is not guaranteed. No liability whatsoever can be accepted for any accidents or damage resulting from the use of this folder

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MONDAY \



TUESDAY



BOOK DIRECTLY



MOONLIGHT TOUR OCHSEN-GARTEN

OCHSENGARTEN 09 DEC 24 - 14 APR 25

INTERMEDIATE, time 1hr, ↑↓50 m

meet here: 8:00 p.m., Ochsengartenbahn, base station

return: approx. 10:00 p.m. minimun age: 12 years

extra costs: € 7.00 per person (snowshoes, headlamp)

registration deadline: Monday, 2:00 p.m.



GUIDED SNOWSHOE HIKING TOUR

THURSDAY \



SNOWSHOE

NIEDERTHAI

NIEDERTHAI 24 DEC 24 - 15 APR 25

EXPLORATION INTERMEDIATE, time 1.5hrs, ↑↓50 m

meet here: 1:30 p.m., Niederthai, Nordic Sports Arena

return: approx. 4:00 p.m. minimun age: 12 years

extra costs: Snowshoe hire in local sports shops registration deadline: evening before 5:00 p.m.

VENT LO_{OP} HIKE

VFNT 24 DEC 24 - 15 APR 25

INTERMEDIATE, time 2hrs, ↑↓50 m

meet here: 11:00 a.m., Ötztal Tourismus - Vent

return: approx. 2:00 p.m. minimun age: 8 years

extra costs: € 5.00 per person (snowshoes) + € 2.00 (ski poles)

registration deadline: evening before 5:00 p.m.

GUIDED WINTER HIKING TOUR





TRACES IN THE **SNOW**

GRIES 12 DEC 24 - 17 APR 25

INTERMEDIATE, time 2hrs, ↑↓300 m (sledge run)

meet here: 10:30 a.m., Ötztal Tourismus - Längenfeld

return: approx. 3:45 p.m. minimun age: 12 years

extra costs: € 7.00 per person (snowshoes, sled rental) registration deadline: evening before 5:00 p.m.





FRIDAY \



NIEDERTHAI 20 DEC 24 - 18 APR 25

INTERMEDIATE, time 3hrs, ↑↓300 m

meet here: 10:15 a.m., Niederthai, Nordic Sports Arena

return: approx. 3:30 p.m. minimun age: 12 years

extra costs: Snowshoe hire, if required; the hiking guide will inform you in advance. Hire from local sports shops.

registration deadline: evening before 5:00 p.m.



WÖFFI - HIKING AND PUBLIC TRANSPORT

Explore Tirol's longest side valley by bus. Thanks to the huge number of 111 bus stops spread all over the region, you can easily reach most of our guides snowshoe hiking tours by using public bus lines!



vvt.at/smartride (mobile timetable) or oetztaler.at

WEDNESDAY \





WINTER MAGIC

OCHSEN-

GARTEN

OCHSENGARTEN 11 DEC 24 - 16 APR 25 INTERMEDIATE, time 2hrs, ↑↓300 m

meet here: 9:45 a.m., Sattele, above Ochsengarten

return: approx. 3:00 p.m. minimun age: 12 years

extra costs: € 7.00 per person (snowshoes) + € 2.00 (sled rental)

11 DEC 24 - 16 APR 25

registration deadline: evening before 5:00 p.m.

NATURE

SHOES

SÖLDEN **EXPERIENCE EASY**, time 1.5hrs, ↑↓50 m

ON SNOWmeet here: 11:00 a.m., Ötztal Tourismus - Sölden

> return: approx. 2:00 p.m. minimun age: 7 years

extra costs: € 17.00 per person (transport, snowshoes) registration deadline: evening before 5:00 p.m.

FRI, 27 DEC 24 PUNCH OR MULLED WINE





THE TWELVE **NIGHTS**

THE STARS

GAZE AT

THE STARS

and stargazing if the sky is clear

GAZE AT meet here: 7:00 p.m., Nature Park House - Längenfeld

duration: approx. 2hrs

LÄNGENFELD

registration deadline: evening before 5:00 p.m.



FRI, 24 JAN 25 DUNCH OR MULLED WINE

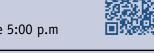
LECTURE

THE MOON LÄNGENFELD **AND THE STARS** and stargazing if the sky is clear

meet here: 7:00 p.m., Nature Park House - Längenfeld

duration: approx. 2hrs

registration deadline: evening before 5:00 p.m







LECTURE

VALENTINE'S

DATE UNDER THE and stargazing if the sky is clear

STARRY SKY GAZE AT

meet here: 7:00 p.m., Nature Park House - Längenfeld

duration: approx. 2hrs THE STARS

registration deadline: evening before 5:00 p.m

